

Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages By Gary Chapman

Gary Chapman speaks to those whose spouse is any of the following: Irresponsible, A workaholic, Controlling, Uncommunicative, Verbally abusive, Physically abusive, Sexually abusive, Unfaithful, Addicted to alcohol or drugs, Depressed. Marriage has the same potential to be miserable as it does to be blissful. Going to take what he taught and help change my marriage. Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages. The facts are true but so many times we feel that certain things won't happen to us because we are Christian's.

We are saved and above certain temptations but let's remember that we are humans and are still tempted by the enemy of our souls. Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages. The content is very interesting and gives a positive focus if or when difficulties arise. Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages. An insightful interesting read. Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages. Gary Chapman—author.

Maybe it's my fault for not reading further into the reviews before buying this book but it's effectively about encouraging the reader to stay in an abusive toxic relationship. Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages. To the reader Chapman may appear to be a professional Christian counselor who claims to meet with people in the privacy of his counseling office. The problem is that many religious wives have been reading these books for years following the advice and turning themselves inside out to be agreeable, sexually enthusiastic and silent in the face of horrific behavior. " This feeds into false narratives that all divorcees are quitters who didn't take the sanctity of marriage seriously; and that God will fix every toxic marriage if you just pray hard enough. If you read the entire book there's far pressure put on the wife to be positive, understanding and forgiving than on the husband (or the person behaving badly) to stop his sinful behavior and hold himself responsible to fix his cheating, abusive attitudes/actions or addictions. This advice to be positive and understanding might be helpful for young, immature people where one person never took marriage seriously; but in a highly destructive marriage where there is abuse, this advice is unethical and irresponsible for any counselor to suggest. The author doesn't require the abuser/cheater to admit specifics about what they did wrong, how it hurt their spouse, children and others, and acknowledge publicly that they take full responsibility. For example, when a cheater asks that their faithful spouse forgive them—yet doesn't do the steps known to accompany real change—it is a sign that he/she is just trying to placate their spouse. But the truth is that when the marriage has these serious kinds of problems and conflict, researchers have known for 30 years that divorce is better for the wellbeing of children (and adults) than staying. (188 in Kindle) but it ignores that fact that Wallerstein was in favor of divorce in these highly toxic situations where there was physical or emotional abuse, addictions, severe indifference or high conflict. I'm keenly aware of the suffering... I'm also aware that for many parents the decision to divorce is the most difficult decision in their lives; they cry many a night before taking such a drastic step. xxxix Wallerstein also said: "Many judges who deal with such families do not understand that merely witnessing violence is harmful to children; the images are forever etched into their brains. 90 And she was concerned about religious people misusing her findings: "And I am of course aware of the many voices on the radio, on television and in certain... religious circles that say divorce is sinful... But I don't know of any research mine included that says divorce is universally detrimental to children. Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages. While I write this, the most popular review and most helpful review is by somebody who says that this book is encouraging the reader to stay in an abusive toxic

relationship. Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages Literally gave me the hope to fight for my marriage & fight for self healing this book is very insightful about real life struggles that end up hurting us & our marriages it all starts with you if you work on you & your issues you will begin to find personal healing which in turn leads to healing within the marriage if you DONT work on YOU FIRST or THINK ITS ALL YOUR SPOUSES/PARTNERS FAULT your marriage will stay the same or get worse & fail. Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages As my hubby and I had read Gary Chapman's The Five Love Languages and it was helpful to us when I saw this book I couldn't resist. He gives suggestions on how to lovingly handle many of the irritating annoying not so nice and some dreaded situations that may be a problem between a husband and wife by using examples of couples that have gone through these situations and how they handled it. Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages What to do when you feel like giving up When you said I do you entered marriage with high hopes dreaming it would be supremely happy. Gary Chapman writes I believe that in every troubled marriage one or both partners can take positive steps that have the potential for changing the emotional climate in their marriage. Loving Your Spouse When You Feel Like Walking Away the revised and updated edition of the award winning Desperate Marriage teaches you how to: Recognize and reject the myths that hold you captive Better understand your spouses behavior Take responsibility for your own thoughts feelings and actions Make choices that can have a lasting positive impact on you and your spouse An experienced marriage and family counselor speaker and counselor—has a passion for people and for helping them form lasting relationships: Read Loving Your Spouse When You Feel Like Walking Away to learn how you can turn things around, Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages Wow: Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages It's pretty real and advice I can follow, Some real problems are dealt with and I wish could read this before they start talking the D word: I have been aware of this concept for decades but it slips from my awareness and then I need reminding again, 6 but the truth is he is not a psychologist licensed marriage and family therapist or even a sociologist or social worker, According to his own biography he doesn't have degrees in any of those areas. This book claims to be for victims of sexual physical or emotional abuse addictions porn addiction and infidelity per p. 5 6 and encourages the reader to stay in these highly destructive marriages. In many places of the book the author simply advises that the reader (the victim) keep praying and to have a positive attitude (for example p, 19 he shifts the moral burden to the wife suggesting if she was positive her husband would improve: No wonder so many devout wives are in despair depression and contemplate suicide. Readers feel trapped because Chapman mentions "God" or one's "responsibility to God" or similar phrases than 30 times: The suggestion is that no spiritually mature person who wants to serve God or has faith in God or is "seeking the peace of God" would ever "call their marriage quits. Chapman is telling the victim to stay—regardless of the effects on her life health and sanity—and giving license for her abuser to keep abusing: Although he does give examples of separation causing an abuser to realize their situation most of his anecdotes about a couple separating are presented as negative: I didn't find any example of him recommending a separation to protect the victim, He writes: I am saying however that divorce should be the last possible alternative: It should be preceded by every effort at reconciling differences dealing with issues and solving problems: But he never tells you where that line is and never suggests when it's time to divorce not even for adultery: So the abuser and cheater and addict can continue their marriage destroying sin without fear of repercussions, In some places Chapman plays mind games and gives mixed messages, For example on one page he praises the wife for confronting her husband about his controlling behavior p. 54 he warns the wife that if she confronts her husband for his bad behavior he will feel incompetent and try to avoid her. Chapman will find some way to pin her husband's ongoing abuse or porn addiction or cheating on her. He says you shouldn't "rush a victim to premature and surface forgiveness" on p. 23 gives a sample phrase for abusers and cheaters to

vaguely admit their “failures” and to ask for forgiveness. This book doesn’t follow the guidelines that domestic violence experts know are required for real repentance and change: They aren’t really taking the full responsibility for their words and actions the injuries they’ve caused nor their entitled attitudes and blame shifting. 188 (Kindle) in a quote from another book it suggests that divorce results in bad outcomes for adults and kids, How could I be? I’ve seen examples of wretched demeaning and abusive marriage than most of my colleagues. Wallerstein *The Unexpected Legacy of Divorce* (New York: Hyperion 2000) p: Even a single episode of violence is long remembered in detail: In fact there is accumulating scientific evidence that witnessing violence or being abused physically or verbally literally alters brain development resulting in a hyperactive emotional system. Wallerstein *The Unexpected Legacy of Divorce* (New York: Hyperion 2000) p. Wallerstein *The Unexpected Legacy of Divorce* (New York: Hyperion 2000) p. xxxix So basically this book won’t help someone trapped in a marriage with serious problems: It will likely encourage many wives to blame themselves and drive themselves into despair and depression: First as you can see from one of the photos Dr Chapman says quite clearly that he is not so naive to suggest that divorce can be eliminated from the human landscape: He just believes that it should be the last possible alternative, He believes that far too many couples have opted for divorce too soon and a too great of a price, But he is not saying that you should stay in abusive relationship no matter what, However I would agree that he is heavily in favor of reconciliation: Second while he is religious and does bring it up occasionally it is certainly not super religious: And his mentioning of religion every now and then did not irritate me: I hope it is helpful at seeing how the book is organized: The only thing that did bother me about the book is that he really pushes hard for getting a counselor: Nearly all his stories involve a counselor and he definitely promotes that: This is understandable given that he is a counselor and probably has an army of them who work for him: I would have liked to see a bit practical advice for each of the problems that he mentions, Still at the end of every chapter he does have a section called for further help. In it he gives books and other resources to help you delve deeper into the topic perhaps avoiding a counselor if you can't afford one, It's a great read to read by yourself or as a couple or even in a small group. He writes a very thorough book about a husband and wife facing this dreaded condition, And also gave his opinion on things that were done lovingly by the spouse who chooses to be the caretaker or how it could've ended in a kinder loving less detrimental way. I would recommend this book to ALL couples facing this disease that no one wants and for all couples who wish to end the marriage on a better note v. exhaustion and relief when the affected spouse that has this diagnoses finally passes: He is the bestselling author of *The 5 Love Languages* series and the director of *Marriage and Family Life Consultants Inc.* Gary Travels the world presenting seminars and his radio programs air on than 400 stations. Every married couple should read this. and very practical applications to help you with your marriage. I'm going away how great it was. Marriage is under attack. It is so true what Gary writes about. Heavily religious too. HARD PASS. BAD ADVICE. His Ph.D. is in adult education. 18). On p. Spiritual abuse. To me this is unsafe. 75 and on p. In this book the wife cannot win. 124 but on p. On p. There's a mention of psychologist Dr. Judith Wallerstein (p. For example... Wallerstein stated: ““I am not against divorce. —Judith S.” —Judith S.” —Judith S. It also says that it is heavily religious. Both of these statements are exaggerations. Everybody should make a big effort to reconcile differences. I'm an atheist. I took a photo of the table of contents. I highly recommend this book.s. You never intended it to be miserable. Millions of couples are struggling in desperate marriages. But the story doesn't have to end there. Dr.

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Gary Chapman

AS NEW YORK TIMES BESTSELLING AUTHOR OF THE 5 LOVE LANGUAGES™