

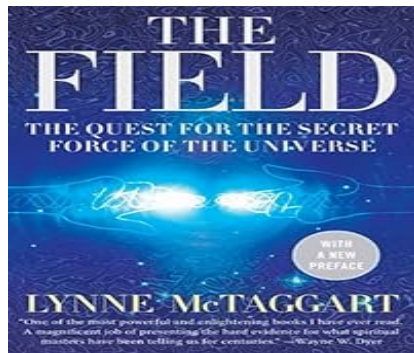
## The Field Updated Ed: The Quest for the Secret Force of the Universe By Lynne McTaggart

I had read this book once quite a few years ago and just like that time it changed my view of the life process. While my views of how life seems to work have been evolving, Lynne McTaggart's descriptions of the scientific process, her discoveries and her thoughts on their meaning prompted me to revisit some of my own. I loved her descriptions of the interactions between scientists and how they met with such resistance from those in the mainstream of the scientific community. I would highly recommend this book to anyone beginning to look into field medicine, energy work or wanting to see how science really works. Romanticism. Some have called it the Causal plane, the Monadic plane, Adi or Buddhic Plane, but Lynne discusses it as The Field from the quantum physicists. Zero Point Field. The tag line: The Quest for The Secret Force of the Universe says it all. Read it with a sense of journey and wonderful possibilities. Lynne covers such topics as The Zero Point Field, Coherence, Psychokinesis and the connections between Consciousness and Healing and Intention. The Field discusses and connects research from such scientists as James Clerk Maxwell, Fritz Albert Popp, Michael Faraday, Jacques Benveniste, Max Planck, Karl Pribram, David Bohm, Russel Targ, Niels Bohr, Werner Heisenberg and Rupert Sheldrake. With 35 pages of cited research and interview footnotes, a reader will appreciate the rock solid homework she's done on this quest, so we don't have to. Here's a few thoughts from The Field that really poked the fires in my own brain.

- By tapping into the Field, Consciousness has been shown to affect plant growth, bacteria growth, rodent behavior, cats and dogs, enzyme activity, crime rates and even Healing in strangers.
- Could this Zero Point Energy Field explain why when closely packed together atoms and molecules exhibit a collective behavior forming what scientists have termed 'coherent domains'? This collective behavior can also be seen in crowd mentalities or the beauty of schools of fish or flocks of birds as they instantly all change direction as one entity.
- Seeds or the water used for those plants when held or thought about by depressed people repeatedly showed suppressed growth. Contrary holding or thinking of the seeds or water in a positive manner showed a statistical difference in growth.
- As quantum physicists continue to study the Zero Point Field, even for sources of fuel, we are beginning to connect the sciences in the HOW of Universal Connectedness.
- Molecules can respond to the vibration of another molecule in the same way AS IF it had actually touched the original molecule. Yes, biological chain reactions were initiated when just the frequency was relayed. Cells don't rely on the happenstance of collision but on electromagnetic signaling at low frequency electronic waves. This explains how on average some 100,000 chemical reactions per second in each cell in your body could happen rather than blindly bumping into each other like little solid billiard balls. Rarely does a book inspire such thought as this one. It's a definite Must Read and was an enjoyable and equally as inspiring Re Read years later for me. Most importantly it has inspired my own imagination, a reaching for my own understanding of MY experience. That's all any author could ever really hope for. I'd think. As most people know, new ideas can always seem heretical. Mostly due to the Momentum of the old thoughts and politics and feelings of insecurity. The Field helps orchestrate a new momentum. Congratulations, Lynne.

Romanticism. I had heard her talk at the KRYON Science and Spirituality Conf in Nanaimo BC this summer. Her presentation was very engrossing and she got the audience together in groups for intentions. Her talk was one of the highlights of the conference. So I was really looking forward to reading the first book. Alas, I feel she's a better presenter than writer. I've read other books by the KRYON family members and they're easily readable besides being able to grab your attention and keep the reader interested. This one took about 3 months to finish. The parts I enjoyed the most dealt with the remote viewing experiments and the healings/spiritual studies. I'm sure it would be an excellent choice for anyone working in the science/math/psychology and psychic field but much too technical for me. Romanticism. As I have grown older into my senior years, I have developed an open mind to reading about unusual and even strange topics. As a scientific minded person for most of my life, I disregarded mystical and pseudoscience subjects; however, I did find this 268 page hardcover book, The Field: The Quest for the Secret Force of the Universe by Lynne McTaggart, very interesting and well researched. I purchased this volume at a bargain price. This book covers the

results of various experiments in quantum Physics both early research and contemporary research studies This book is organized in three parts with 12 detailed chapters covering the following subjects The prologue gives us a look at “the coming revolution” Part one The resonating universe covers light in the darkness the sea of light beings of light the language of the cell and the resonating with the world Part two The extended Mind explains the creative observer sharing dreams the extended eye and the endless here and now Part three Tapping into the field covers the healing field telegram from Gaia and the zero point age This book is thought provoking and explores the relationship between all of us and the universal energy fields Some scientists believe that in the future science will look like magic It seems some of the spooky things discovered through research in quantum physics are becoming interesting every day Rating 4 Stars Joseph J Truncale Author Seated Zen Karate for seniors and the physically challenged Romanticism



A big bold brilliantly crafted page turner with HUGE ideas that challenge every last view about how the world works This is both a primer to understand the law of attraction and the essential book of our age Jack Canfield author of The Success Principles™ and featured teacher on The Secret™ One of the most powerful and enlightening books I have ever read A magnificent job of presenting the hard evidence for what spiritual masters have been telling us for centuries Wayne W Dyer During the past few years science and medicine have been converging with common sense confirming a widespread belief that everything especially the mind and the body is far connected than traditional physics ever allowed The Field establishes a new biological paradigm it proves that our body extends electromagnetically beyond ourselves and our physical body It is within this field that we can find a remarkable new way of looking at health sickness memory will creativity intuition the soul consciousness and spirituality The Field helps to bridge the gap that has opened up between mind and matter between us and the cosmos Original well researched and well documented by distinguished sources this is the mind/body book for a new millennium A big.

Bold brilliantly crafted page-turner with HUGE ideas that challenge every last view about how the world works. Dyer During the past few years science and medicine have been converging with common sense confirming a widespread belief that everything--especially the mind and the body--is far more connected than traditional physics ever allowed. Dyer During the past few years science and medicine have been converging with common sense confirming a widespread belief that everything--especially the mind and the body--is far more connected than traditional physics ever allowed, This is both a primer to understand the law of attraction and the essential book of our age: -- Jack Canfield author of The Success Principles(TM) and featured teacher on The Secret(TM) One of the most powerful and enlightening books I have ever read, A magnificent job of presenting the hard evidence for what spiritual masters have been telling us for centuries: The Field establishes a new biological paradigm: it proves that our body extends electromagnetically beyond ourselves and our physical body: It is within this field that we can find a remarkable new way of looking at health sickness memory will creativity intuition the soul consciousness and spirituality, The Field helps to bridge the gap that has opened up between mind and matter between us and the cosmos: Original well researched and well documented by distinguished sources this is the mind/body book for a new millennium. A big bold brilliantly crafted page-turner with HUGE ideas that challenge every last view about how the world works: This is both a primer to understand the law of attraction and the

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