

Spirit of the Shuar: Wisdom from the Last Unconquered People of the Amazon By generiquepilule.org As a writer he can take you on these journeys to places you may never be able to visit and he has been befriended and accepted by these native peoples who share their lifeways and spiritual practices to hopefully engage the Western mind set of consume consume consume no matter what the impacts to our planet might be. Tribe members explain their practices of shapeshifting and headhunting; the interdependence of humans and the environment; the role of ecstatic sex; their belief in war as a path to peace; and their faith in arutam the life spirit. More than three decades after first befriending members of the Shuar author and environmentalist John Perkins and his publisher Ehud Sperling inspired Shakaim Mariano Chumpi a young Shuar warrior who has fought in the jungle war between his native Ecuador and Peru to travel among his people and record their thoughts history and customs. Here in their own words the Shuar share their practices of shapeshifting dreaming the world and ecstatic sex including the role older women play in teaching uninitiated men how to please. They explain the interdependence of humans and the environment their formula for peace and balance and their faith in arutam the life giving spirit of nature that allows each of us to transform ourselves. Whether exploring the mystery of shamanic shapeshifting delving deeper into the powers of healing herbs and psychotropic plants or finding new ways to live sustainably and sensitively in the face of encroaching development and environmental destruction the Shuar have emerged as a strong people determined to preserve their identity and beliefs and share their teachings with a world in dire need of their wisdom. Spirit of the Shuar: Wisdom from the Last Unconquered People of the Amazon John Perkins is an author and activist whose 10 books on global intrigue shamanism and transformation including Touching the Jaguar Shapeshifting and the classic Confessions of an Economic Hit Man have been on the New York Times bestseller list for than 70 weeks sold over 2 million copies and are published in at least 35 languages,

I've read almost all of John Perkins's books and this is one of my favorites. It is good to learn from other ancient cultures than our own and see how living with less is living at a higher level: Very much recommended! 978-0892818655 Discover the thoughts history and customs of the Shuar of the as told in their own words: The indomitable Shuar of the reputed to be the only tribe in the Americas that has never been conquered have lived as warriors hunters cultivators and healers for generations. Even in today's acquisitive often wasteful world they defend their rainforests and sustainable ways of life and offer their philosophy of love joy and hope. And they describe how their ancient and current practice of shrinking heads fits into their cultural philosophy. A portion of the proceeds from the sale of this book will be donated to the Ayumpum Foundation to help the Shuar conserve their forests and spread their message. The result is Spirit of the Shuar.

